

**Saint Anthony's High School 52nd Annual Cross-Country Invitational**  
**Sunken Meadow State Park, Kings Park, Long Island New York**  
**Friday September 29th, 2023**  
**Bus leaves SJB at 2:40 or Arrive by times listed below**

3:30 and 3:40 CMSAA Races

**3:50 Boys Frosh 1.5 Mile Race: arrive by 3:10**

Theisen	Valente	Mena	Horn	Murphy	Epp	

**4:05 Girls Frosh 1.5 Mile Race: arrive by 3:15**

Spruyt	DeLegge	Webber	Marino			

**4:20 Boys Varsity 5K: arrive by 3:30**

Gannon	DeVito	McCreery	Healy	SanFilippo	Donovan	

**4:47 Girls Varsity 5K: arrive by 3:40**

Ryan	Slattery	Stewart	Hamel	Chan		